

Cosmological particle creation in the lab?

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1 Introduction

One of the most striking examples for the production of particles out of the quantum vacuum due to external conditions is cosmological particle creation, which is caused by the expansion or contraction of the Universe. Already in 1939, Schrödinger understood that the cosmic evolution could lead to a mixing of positive and negative frequencies and that this “would mean production or annihilation of matter, merely by the expansion” [Schrödinger, 1939]. Later this phenomenon was derived via more modern techniques of quantum field theory in curved space-times by Parker [Parker, 1968] (who apparently was not aware of Schrödinger’s work) and subsequently has been studied in numerous publications, see, e.g., [Birrell & Davies, 1982; Fulling, 1989; Wald, 1994]. Even though cosmological particle creation typically occurs on extremely large length scales, it is one of the very few examples for such fundamental effects where we actually may have observational evidence: According to the inflationary model of cosmology, the seeds for the anisotropies in the cosmic microwave background (CMB) and basically all large scale structures stem from this effect, see Section 5. In this Chapter, we shall provide a brief discussion of this phenomenon and sketch a possibility for an experimental realization via an analogue in the laboratory.

2 Scattering analogy

For simplicity, let us consider a massive scalar field Φ in the 1+1 dimensional Friedmann-Robertson-Walker metric with scale factor $a(\tau)$

$$ds^2 = d\tau^2 - a^2(\tau) dx^2 = a^2(\eta) [d\eta^2 - dx^2] , \quad (1)$$

where τ is the proper (co-moving) time and η the conformal time. The latter co-ordinate is more convenient for our purpose since the wave equation simplifies to

$$\left(\frac{\partial^2}{\partial \eta^2} - \frac{\partial^2}{\partial x^2} - a^2(\eta) m^2 \right) \Phi(\eta, x) . \quad (2)$$

In the massless case $m = 0$, the scalar field is conformally invariant (in 1+1 dimensions) and thus the expansion does only create particles for $m > 0$. After a spatial Fourier transform, we find that each mode $\phi_k(\eta)$ behaves like a harmonic oscillator with a time-dependent potential

$$\left(\frac{d^2}{dt^2} + \Omega^2(t) \right) \phi(t) = 0 , \quad (3)$$

with $k^2 + a^2(\eta) m^2 \rightarrow \Omega^2(t)$ and $\eta \rightarrow t$. There is yet another analogy which might be interesting to notice. If we compare the above equation to a Schrödinger scattering problem in one spatial dimension

$$\left(-\frac{1}{2m} \frac{d^2}{dx^2} + V(x)\right) \Psi(x) = E\Psi(x), \quad (4)$$

we find that it has precisely the same form after identifying $t \leftrightarrow x$, $\phi(t) \leftrightarrow \Psi(x)$, and $\Omega^2(t) \leftrightarrow 2m[E - V(x)]$. Note that Ω^2 is always greater than zero in our case – which corresponds to propagation over the barrier $E > V(x)$. If Ω^2 were less than zero over some region in time, one would have a barrier penetration (i.e., tunnelling) problem $E < V(x)$. With the condition that in the past the field has the form $e^{i\Omega_{\text{in}}t}$, in the future the solution would be $\alpha e^{i\Omega_{\text{out}}t} + \beta e^{-i\Omega_{\text{out}}t}$ due to scattering from the region where $\Omega^2 < 0$. This would correspond to particle creation with probability proportional to $|\beta|^2$. However even if $\Omega^2 > 0$ everywhere there will still be some scattering (above the barrier).

In order to derive the cosmological particle creation, we can study a positive pseudo-norm solution of Eq. (3) which initially behaves as $e^{-i\Omega_{\text{in}}t}$ and finally evolves into a mixture of positive and negative pseudo-norm solutions – which is in this case equivalent to positive and negative frequencies $\alpha e^{-i\Omega_{\text{out}}t} + \beta e^{+i\Omega_{\text{out}}t}$ (assuming that Ω is constant asymptotically). In the Schrödinger scattering problem, the initial solution $e^{-i\Omega t}$ could be identified with a left-moving wave on the left-hand side of the potential “barrier” while the final solution $\alpha e^{-i\Omega t} + \beta e^{+i\Omega t}$ would then correspond to a mixture of left-moving $\alpha e^{-i\Omega t}$ and right-moving $\beta e^{+i\Omega t}$ waves on the right-hand-side. As a consequence, the Bogoliubov coefficients α and β are related to the reflection R and transmission T coefficients via $\alpha = 1/T$ and $\beta = R/T$. In this way, the Bogoliubov relation $|\alpha|^2 - |\beta|^2 = 1$ is equivalent to the conservation law $|R|^2 + |T|^2 = 1$ for the Schrödinger scattering problem. The probability for particle creation can be inferred from the expectation value of the number of final particles in the initial vacuum state which reads $\langle 0_{\text{in}} | \hat{n}_{\text{out}} | 0_{\text{in}} \rangle = |\beta|^2$.

3 WKB analysis

In order to actually calculate or estimate the Bogoliubov coefficients, let us re-write Eq. (3) in a first-order form via introducing the phase-space vector \mathbf{u} and the matrix \mathbf{M}

$$\frac{d}{dt} \begin{pmatrix} \phi \\ \dot{\phi} \end{pmatrix} = \dot{\mathbf{u}} = \begin{pmatrix} 0 & 1 \\ -\Omega^2(t) & 0 \end{pmatrix} \cdot \begin{pmatrix} \phi \\ \dot{\phi} \end{pmatrix} = \mathbf{M} \cdot \mathbf{u}. \quad (5)$$

If we define an inner product via

$$(\mathbf{u} | \mathbf{u}') = i(u_2^* u'_1 - u_1^* u'_2), \quad (6)$$

we find that the inner product of two solutions \mathbf{u} and \mathbf{u}' of Eq. (5) is conserved

$$\frac{d}{dt}(\mathbf{u}|\mathbf{u}') = 0. \quad (7)$$

The split of a solution into positive and negative frequencies (i.e., positive and negative pseudo-norm) corresponds to a decomposition in the instantaneous eigen-basis of the matrix

$$\mathbf{M} \cdot \mathbf{u}_{\pm} = \pm i\Omega \mathbf{u}_{\pm}. \quad (8)$$

Choosing the usual normalization $\mathbf{u}_{\pm} = (1, \pm i\Omega)^T / \sqrt{2\Omega}$, we find

$$(\mathbf{u}_+|\mathbf{u}_+) = 1, (\mathbf{u}_-|\mathbf{u}_-) = -1, (\mathbf{u}_+|\mathbf{u}_-) = 0. \quad (9)$$

At each time t , we may expand a given solution $\mathbf{u}(t)$ of Eq. (5) into the instantaneous eigen-vectors

$$\mathbf{u}(t) = \alpha(t)e^{i\varphi(t)}\mathbf{u}_+(t) + \beta(t)e^{-i\varphi(t)}\mathbf{u}_-(t), \quad (10)$$

where the pre-factors are now defined as time-dependent Bogoliubov coefficients $\alpha(t)$ and $\beta(t)$. It is useful to separate out the oscillatory part with the WKB phase

$$\varphi(t) = \int_{-\infty}^t dt' \Omega(t'). \quad (11)$$

Now we may insert the expansion (10) into the equation of motion (5) and project it with the inner product (6) onto the eigen-vectors \mathbf{u}_{\pm} which gives

$$\dot{\alpha} = \frac{\dot{\Omega}}{2\Omega} e^{-2i\varphi} \beta, \quad \dot{\beta} = \frac{\dot{\Omega}}{2\Omega} e^{2i\varphi} \alpha, \quad (12)$$

due to $(\mathbf{u}_-|\dot{\mathbf{u}}_+) = \dot{\Omega}/(2\Omega)$ and $(\mathbf{u}_+|\dot{\mathbf{u}}_-) = -\dot{\Omega}/(2\Omega)$ while $(\mathbf{u}_+|\dot{\mathbf{u}}_+) = (\mathbf{u}_-|\dot{\mathbf{u}}_-) = 0$.

This equation (12) is still exact and very hard to solve analytically – except in very special cases. It can be solved formally by a iterative integral equation

$$\begin{aligned} \alpha_{n+1} &= \alpha_{\text{in}} + \int_{-\infty}^t dt' \frac{\dot{\Omega}(t')}{2\Omega(t')} e^{-2i\varphi(t')} \beta_n(t'), \\ \beta_{n+1} &= \beta_{\text{in}} + \int_{-\infty}^t dt' \frac{\dot{\Omega}(t')}{2\Omega(t')} e^{-2i\varphi(t')} \alpha_n(t'). \end{aligned} \quad (13)$$

It can be shown that this iteration converges to the exact solution for well-behaved $\Omega(t)$ [Braid, 1970]. Standard perturbation theory would then correspond to cutting off this

iteration at a finite order, which can be justified if $\Omega(t)$ changes only very little. For the scalar field in Eq. (2) this perturbative treatment should be applicable in the ultra-relativistic limit, i.e., as long as the mass is much smaller than the wave-number.

In many cases, however, another approximation – the WKB method – is more useful. This method can be applied if the rate of change of $\Omega(t)$, e.g., the expansion of the universe, is much slower than the internal frequency $\Omega(t)$ itself. Writing

$$\Omega(t) = \Omega_0 f(\omega t), \quad (14)$$

with some dimensionless function f of order one, the WKB limit corresponds to $\Omega_0 \gg \omega$. In terms of the reflection coefficient $R = \beta/\alpha$ mentioned earlier, we get

$$\dot{R} = \frac{\dot{\Omega}}{2\Omega} (e^{2i\varphi} - R^2 e^{-2i\varphi}), \quad (15)$$

which is known as Riccati equation. Again, this equation is still exact but unfortunately non-linear. Neglecting the quadratic term R^2 would bring us back to perturbation theory. In the WKB-limit, the phase factors $e^{\pm 2i\varphi}$ are rapidly oscillating and the magnitude of R can be estimated by going to the complex plane. Re-writing the Riccati equation (15) as

$$\frac{dR}{d\varphi} = \frac{1}{2} (e^{2i\varphi} - R^2 e^{-2i\varphi}) \frac{d \ln \Omega}{d\varphi}, \quad (16)$$

we may use an analytic continuation $\varphi \rightarrow \varphi + i\chi$ to see that R becomes exponentially suppressed $R \sim e^{-2\chi}$. How strongly it is suppressed depends on the point where the analytic continuation breaks down. Since $e^{\pm 2i\varphi}$ is analytic everywhere, this will be determined by the term $\ln \Omega$. Typically, the first non-analytic points t_* encountered are the zeros of Ω , i.e., where $\Omega(t_*) = 0$. In the case of barrier reflection, these points where $\Omega = 0$, i.e., where $V = E$, lie on the real axis and correspond to the classical turning points in WKB. In our case, we have scattering above the barrier and thus these points become complex – but are still analogous to the classical turning points in WKB. Consequently, we find¹

$$R = \frac{\beta}{\alpha} \sim e^{-2\chi_*} = \exp \left\{ -2\Im \left(\int_0^{t_*} dt' \Omega(t') \right) \right\}. \quad (17)$$

If there is more than one turning point, the one with the smallest $\chi_* > 0$, i.e., closest to the real axis (in the complex φ -plane) dominates. If these multiple turning points have similar $\chi_* > 0$, there can be interference effects between the different contributions, see, e.g., [Dumlu & Dunne, 2010].

¹In fact, it can be shown that Eq. (17) becomes exact in the adiabatic limit $\omega/\Omega \downarrow 0$, i.e., the pre-factor in front of the exponent tends to one, see, e.g., [Massar & Parentani, 1998; Davis & Pechukas, 1976].

4 Adiabatic expansion and its breakdown

Note that we could repeat steps (5) till (12) and expand the solution $\mathbf{u}(t)$ into the first-order adiabatic eigen-states instead of the instantaneous eigen-vectors \mathbf{u}_\pm . To this end, let us re-write (12) as

$$\frac{d}{dt} \begin{pmatrix} \alpha(t)e^{+i\varphi(t)} \\ \beta(t)e^{-i\varphi(t)} \end{pmatrix} = \dot{\mathbf{w}} = \begin{pmatrix} i\Omega & \dot{\Omega}/(2\Omega) \\ \dot{\Omega}/(2\Omega) & -i\Omega \end{pmatrix} \cdot \begin{pmatrix} \alpha(t)e^{+i\varphi(t)} \\ \beta(t)e^{-i\varphi(t)} \end{pmatrix} = \mathbf{N} \cdot \mathbf{w}. \quad (18)$$

The eigen-vectors of the matrix \mathbf{N} are the first-order adiabatic eigen-states \mathbf{w}_\pm and the eigen-frequencies $\mathbf{N} \cdot \mathbf{w}_\pm = \pm i\Omega_{\text{ad}}\mathbf{w}_\pm$ are renormalized to

$$\Omega_{\text{ad}} = \Omega \sqrt{1 - \frac{\dot{\Omega}^2}{4\Omega^4}}. \quad (19)$$

Assuming $\alpha_{\text{in}} = 1$ and $\beta_{\text{in}} = 0$, the system stays in the adiabatic eigen-state \mathbf{w}_+ to lowest order in ω/Ω and we get

$$\alpha(t) = 1 + \mathcal{O}\left(\frac{\omega^2}{\Omega^2}\right), \quad \beta(t) = -\frac{i}{4} \frac{\dot{\Omega}}{\Omega^2} + \mathcal{O}\left(\frac{\omega^2}{\Omega^2}\right). \quad (20)$$

This adiabatic expansion into powers of ω/Ω can be continued and gives terms like $\dot{\Omega}^2/\Omega^4$ and $\ddot{\Omega}/\Omega^3$ to the next order in ω/Ω (see below). One should stress that this expansion is *not* the same as in (13) since it is local – i.e., only contains time-derivatives – while (13) is global – i.e., contains time-integrals. Since all terms of the adiabatic expansion (20) are local, they cannot describe particle creation – which depends on the whole history of $\Omega(t)$. In terms of the adiabatic expansion into powers of ω/Ω , particle creation is a non-perturbative effect, i.e., it is exponentially suppressed, see Eq. (17)

$$R \sim \exp \left\{ -\mathcal{O}\left(\frac{\Omega}{\omega}\right) \right\}, \quad (21)$$

and thus cannot be found by a Taylor expansion into powers of ω/Ω . For any finite ratio of ω/Ω , this also means that the adiabatic expansion (into powers of ω/Ω) must break down at some point. To make this argument more precise, let us re-write Eq. (18) in yet another form

$$\frac{d\mathbf{w}}{dt} = \mathbf{N} \cdot \mathbf{w} = \Lambda \begin{pmatrix} i \cosh(2\xi) & \sinh(2\xi) \\ \sinh(2\xi) & -i \cosh(2\xi) \end{pmatrix} \cdot \mathbf{w}. \quad (22)$$

In this representation, the eigen-values of \mathbf{N} are given by $\pm i\Lambda$ and the eigen-vectors read

$$\mathbf{w}_+ = \begin{pmatrix} \cosh \xi \\ -i \sinh \xi \end{pmatrix}, \quad \mathbf{w}_- = \begin{pmatrix} \sinh \xi \\ -i \cosh \xi \end{pmatrix}. \quad (23)$$

Decomposing the solution $\mathbf{w}(t)$ into these eigen-vectors

$$\mathbf{w}(t) = a(t)\mathbf{w}_+(t) + b(t)\mathbf{w}_-(t), \quad (24)$$

and using $\dot{\mathbf{w}}_+ = \dot{\xi}\mathbf{w}_-$ as well as $\dot{\mathbf{w}}_- = \dot{\xi}\mathbf{w}_+$, we find

$$\frac{d}{dt} \begin{pmatrix} a \\ b \end{pmatrix} = \begin{pmatrix} i\Lambda & -\dot{\xi} \\ -\dot{\xi} & -i\Lambda \end{pmatrix} \cdot \begin{pmatrix} a \\ b \end{pmatrix}. \quad (25)$$

This is the same form as Eq. (22) if we change Λ and ξ accordingly. Thus, by repeating this procedure, we get the iteration law

$$\Lambda_{n+1} = \sqrt{\Lambda_n^2 - \dot{\xi}_n^2}, \quad \xi_{n+1} = -\frac{1}{2} \operatorname{arctanh} \left(\frac{\dot{\xi}_n}{\Lambda_n} \right). \quad (26)$$

By this iteration, we go higher and higher up in the adiabatic expansion since ξ_n always acquires an additional factor of ω/Ω . Thus, for $\omega \ll \Omega$, the values of ξ_n quickly decay with a power-law $\xi_n = \mathcal{O}([\omega/\Omega]^n)$ initially. As we go up in this expansion, however, the effective rate of change of ξ_n increases. For example, if $\Omega(t)$ has one global maximum (or minimum) and otherwise no structure, the time-derivative $\dot{\Omega}/(2\Omega^2) = \tanh(2\xi_1)$ has two extremal points and a zero in between. By taking higher and higher time derivatives, more and more extremal points and a zeros arise and thus the effective frequency ω_n^{eff} of $\xi_n(t)$ increases roughly linearly with the number n of iterations $\omega_n^{\text{eff}} = \mathcal{O}(n\omega)$. Furthermore, the adiabatically renormalized eigen-values Λ_n decrease with each iteration. Thus, after approximately $n = \mathcal{O}(\Omega/\omega)$ iterations, the effective frequency ω_n^{eff} becomes comparable to the internal frequency Λ_n . At that point, the adiabatic expansion starts to break down. Estimating the order of magnitude of ξ_n at that order gives

$$\xi_n = \mathcal{O} \left(\left[\frac{\omega}{\Omega} \right]^n \right) = \mathcal{O} \left(\left[\frac{\omega}{\Omega} \right]^{\mathcal{O}(\Omega/\omega)} \right). \quad (27)$$

Since the effective external ω_n^{eff} and internal Λ_n frequencies are comparable and ξ_n is very small, we may just use perturbation theory to estimate β and we get $\beta = \mathcal{O}(\xi_n)$, i.e., the same exponential suppression as in Eq. (21). If we would continue the iteration beyond that order, the ξ_n would start to increase again – which the usual situation in an asymptotic expansion, see Figure 1. Carrying on the iteration too far beyond this point, the $\dot{\xi}_n^2$ exceed the Λ_n^2 and thus we have barrier penetration instead of propagation over the barrier (as occurs for all orders below this value of n). In this procedure, it is this barrier penetration which gives the mixing of positive and negative pseudo-norm, and the creation of particles. Were the system to remain as propagation over the barrier for all orders n in this adiabatic expansion, one would have no particle creation.

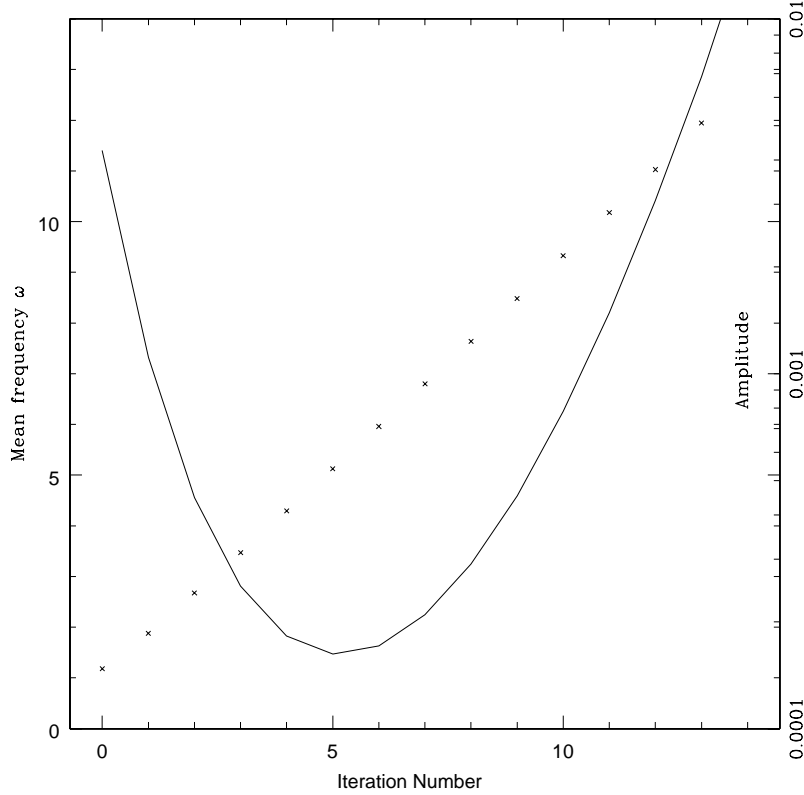


Figure 1: Sketch of the effective external frequencies ω_n^{eff} (crosses) and amplitudes ξ_n (solid line) depending on the iteration number n obtained numerically for a concrete example. One can observe that ω_n^{eff} grows approximately linearly with n while ξ_n first decreases but later (for $n > 5$) increases again.

5 Example: inflation

As an illustrative example, let us consider a minimally coupled massive scalar field in 3+1 dimensions – which could be the inflaton field (according to our standard model of cosmology). Again, we start with the Friedmann-Robertson-Walker metric (1) with a scale factor $a(\tau)$ and obtain the equation of motion

$$\left(\frac{1}{a^3(\tau)} \frac{\partial}{\partial \tau} a^3(\tau) \frac{\partial}{\partial \tau} - \frac{1}{a^2(\tau)} \nabla^2 + m^2 \right) \Phi = 0. \quad (28)$$

Rescaling the field $\phi(\tau, \mathbf{r}) = \mathcal{U}(\tau)\Phi(\tau, \mathbf{r})$ with $\mathcal{U}(\tau) = a^{3/2}(\tau)$ and applying a spatial Fourier transform, we obtain the same form as in Eq. (3)

$$\left(\frac{d^2}{d\tau^2} + \frac{\mathbf{k}^2}{a^2(\tau)} + m^2 - \frac{1}{\mathcal{U}(\tau)} \frac{d^2 \mathcal{U}(\tau)}{d\tau^2} \right) \phi_k = 0. \quad (29)$$

In the standard scenario of inflation, the space-time can be described by the de Sitter metric $a(\tau) = \exp\{H\tau\}$ to a very good approximation, where H is the Hubble parameter. In this case, the effective potential $\ddot{\mathcal{U}}/\mathcal{U}$ just becomes a constant $(3H/2)^2$ and the frequency $\Omega(\tau)$ reads

$$\Omega^2(\tau) = \frac{\mathbf{k}^2}{a^2(\tau)} + m^2 - \frac{9H^2}{4}. \quad (30)$$

Inserting $a(\tau) = \exp\{H\tau\}$, we see that modes with different k -values follow the same evolution – just translated in time. (This fact is related to the scale invariance of the created k spectrum.) Initially, this frequency is dominated by the \mathbf{k}^2 term and we have $\dot{\Omega}/\Omega = -H$ which means that we are in the WKB regime $\dot{\Omega}/\Omega \ll \Omega$. However, due to the cosmological red-shift, this \mathbf{k}^2 term decreases with time until the other terms become relevant. Then the behavior of the modes depends on the ratio m/H . For $m \gg H$, the modes remain adiabatic (i.e., stay in the WKB regime) and thus particle creation is exponentially suppressed. If m and H are not very different, but still $m > 3H/2$ holds, the modes are adiabatic again for large times – but for intermediated times, the WKB expansion breaks down, leading to a moderate particle creation. For $m < 3H/2$, on the other hand – which is (or was) supposed to be the case during inflation – the frequency $\Omega(\tau)$ goes to zero at some time and becomes imaginary afterwards. This means that we get a barrier penetration (tunneling) problem where the modes $\phi_k(\tau)$ do not oscillate but evolve exponentially in time $\phi_k(\tau) \propto \exp\{\pm\tau\sqrt{9H^2/4 - m^2}\}$. Here one should remember that the original field does not grow exponentially due to the re-scaling with the additional factor $\mathcal{U}(\tau) = a^{3/2}(\tau)$. This behavior persists until the barrier vanishes, i.e., the expansion slows down (at the end of the inflationary period) and thus the effective potential $\ddot{\mathcal{U}}/\mathcal{U}$ drops below the mass term. After that, the modes start oscillating again. However, in view of the barrier penetration (tunneling) over a relatively long time (distance), we get reflection coefficients R which are not small but extremely close to unity $R \approx 1$. This means that the Bogoliubov coefficients α and β are huge – i.e., that we have created a tremendous amount of particles out of the initial vacuum fluctuations. According to our understanding, precisely this effect is responsible for the creation of the seeds for all structures in our Universe. Perhaps the most direct signatures of this effect are still visible today in the anisotropies of the cosmic microwave background radiation.

An alternative picture of the mode evolution in terms of a damped harmonic oscillator can be obtained from the original field in Eq. (28)

$$\left(\frac{d^2}{d\tau^2} + 3H \frac{d}{d\tau} + e^{-2H\tau} \mathbf{k}^2 + m^2 \right) \Phi_k = 0. \quad (31)$$

Initially, the term $e^{-2H\tau} \mathbf{k}^2$ dominates and the modes oscillate. Assuming $m \ll H$ (which is related to the slow-roll condition of inflation), the damping term dominates for late times and we get a strongly over-damped oscillator, whose dynamics is basically frozen (like a pendulum in a very sticky liquid). The transition happens when $H \sim k e^{-H\tau}$, i.e., when the physical wavelength $\lambda = 2\pi e^{H\tau}/k$ exceeds the de Sitter horizon $\propto 1/H$ due to the cosmological expansion $e^{H\tau}$. After that, crest and trough of a wave lose causal contact and cannot exchange energy any more – that’s why the oscillations effectively stops.

As a final remark, we stress that this enormous particle creation effect is facilitated by the rapid (here: exponential) expansion and the resulting stretching of wavelengths over many many orders of magnitude (i.e., the extremely large red-shift). Therefore, a final mode with a moderate wavelength originated from waves with extremely short wavelengths initially. Formally, these initial wavelengths could be easily far shorter than the Planck length. However, on these scales one would expect deviations from the theory of quantum fields in classical space-times we used to derive these effects. On the other hand, this problem is not only negative – it might open up the possibility to actually see signatures of new (Planckian) physics in high-precision measurements of the cosmic microwave background radiation, for example.

6 Laboratory analogues

Apart from the observation evidence in the anisotropies of the cosmic microwave background radiation mentioned above, one may study the phenomenon of cosmological particle creation experimentally by means of suitable laboratory analogues, see, e.g., [Unruh, 1981; Barceló, Liberati, & Visser, 2011]. There are two major possibilities to mimic the expansion or contraction of the Universe – a medium at rest with time-dependent properties (such as the propagation speed of the quasi-particles) or an expanding medium. Let us start with the former option and consider linearized and scalar quasi-particles (e.g., sound waves) with low energies and momenta propagating in a spatially homogeneous and isotropic medium. Under these conditions, their dynamics is governed by the low-energy effective action

$$\mathcal{L}_{\text{eff}} = \frac{1}{2} \left(a^2(t) \dot{\phi}^2 + b^2(t) \phi^2 + c^2(t) [\nabla \phi]^2 \right) + \mathcal{O}(\phi^3) + \mathcal{O}(\partial^3). \quad (32)$$

Here we assume positive a^2 and non-negative b^2 and c^2 for stability. The factor $a^2(t)$ can be eliminated by suitable re-scaling of the time co-ordinate. Then, after a spatial Fourier transform, we obtain the same form as in Eq. (3). The quasi-particle excitations ϕ in such a medium behave in the same way as a scalar field in an expanding or contracting Universe with a possibly time-dependent potential (mass) term $\propto b^2(t)\phi^2$. In order to avoid this additional time-dependence of the potential (mass) term, the factors b and c must obey special conditions. For example, Goldstone modes with $b = 0$ correspond to a massless scalar field in 3+1 dimensions – whereas the case of constant c is analogous to a massive scalar field in 1+1 dimensions.

As one would intuitively expect, the expansion or contraction of the Universe can also be mimicked by an expanding or contracting medium. Due to local Galilee invariance, such a medium can also be effectively spatially homogeneous and isotropic as in Eq. (32) when described in terms of co-moving co-ordinates. For a quite detailed list of references, see [Barceló, Liberati, & Visser, 2011].

There are basically three major experimental challenges for observing the analogue of cosmological particle creation in the laboratory. First, the initial temperature should be low enough such that the particles are produced due to quantum rather than thermal fluctuations. Second, one must be able to generate a time-dependence (e.g., expansion of the medium) during which the effective action in Eq. (32) remains valid (in some sense) but which is also sufficiently rapid to create particles. Third, one must be able to detect the created particles and to distinguish them from the radiation stemming from other sources. For trapped ions, for example (see, e.g., [Schützhold *et al*, 2007]), the first and third point (i.e., cooling and detection) is experimental state of the art, while a sufficiently rapid but still controlled expansion/contraction of the ion trap presents difficulties. For Bose-Einstein condensates (see, e.g., [Barceló, Liberati, & Visser, 2011] and references therein), on the other hand, the first and third points are the main obstacles.

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