



ASYMMETRIC BUSINESS CYCLES **AND** SKEW FACTORS



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Cycle analysis and cycle forecasting often imply the use of a symmetric time distribution between high to low and low to high. This is the underlying framework used by anyone applying mathematical signal processing to cycles and producing cycle-based composite cycle forecasts. This technique is now faced with a new challenge that has emerged over the past 30 years based on financial regulations impacting today's economic business cycle. The following article will highlight the situation and present the reader with a proposed skew factor to account for this behavior in cycle forecasting models.

ASYMMETRIC BUSINESS CYCLES AND SKEW FACTOR



Business cycles are a fundamental concept in macroeconomics. The economy has been characterized by an increasingly negative cyclical asymmetry over the last three decades. Studies show that recessions have become relatively more severe, while recoveries have become smoother, as recently highlighted by Fatas and Mihov. Finally, recessive episodes have become less frequent, suggesting longer expansions. As a result, booms are increasingly smoother and longer lasting than recessions.

These characteristics have led to an increasingly negative distortion of the business cycle in recent decades. Extensive literature has examined in detail the statistical properties of this empirical regularity and confirmed that the extent of contractions tends to be sharper and faster than that of expansions.

In a paper published in the American Economic Journal on Jan. 2020, Jensen et al. summarized:

Booms become progressively smoother and more prolonged than busts. Finally, in line with recent empirical evidence, financially driven expansions lead to deeper contractions, as compared with equally sized nonfinancial expansions.

When recessions become faster and more severe and recoveries softer and longer, standard symmetric cycle models are doomed to fail. This new pattern challenges the existing standard, symmetrical, 2-phase cycle models.

Since 2-phase cycle models are based on a time-symmetric distribution of dominant cycles with mathematical sine-based counting modes from low to low or high to high. However, these models lose their forecasting ability under the assumption that a uniform distribution from high to low and

low to high is no longer given.

A new model is needed. A dynamic skew cycle model that includes a skew factor.

Before introducing a new mathematical model to account for the asymmetric behavior, the cycle difference will be visualized and compared with some diagrams. The following illustration shows a classical, symmetrical 2-phase cycle on the left (green) and an asymmetric 3-phase cycle is highlighted on the right (red).

Asymmetric Cycle Model

This following model shown in **Chart 1** uses a simplified formula that allows different distortions of the phases with a skew factor, but also keeps the length of the whole cycle, from peak to peak, the same without distortion.

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The new “skew factor” used in the red model shows that the upswing phase is twice as long as the recession, while ensuring the same total duration and amplitude of the standard, 2-phase cycle model (green, left). This allows us to model identified cycle lengths and strengths in the 3-phase model (red, right).

So, if we add the “skew factor” to the traditional mathematical cycle algorithms, we get cycle models that consider the asymmetric changes mentioned above. And thus, the cycle models can be used again for forecasts.

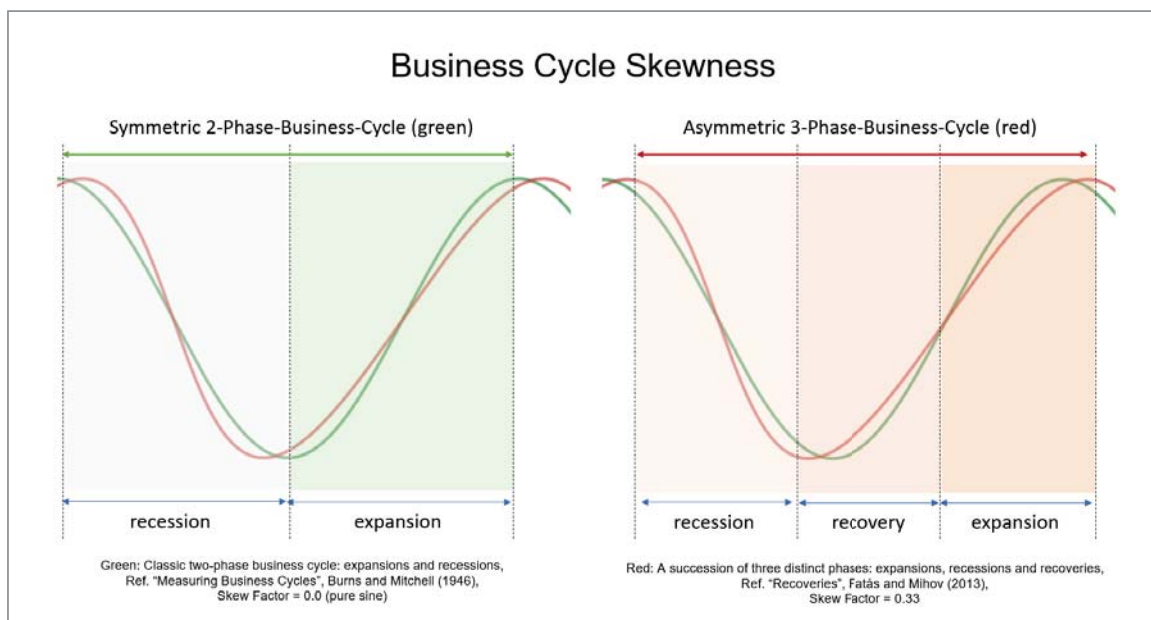


Chart 1: Comparing 2-phase symmetric (green) and 3-phase asymmetric cycle models (red)

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Example

The next **Chart 2** shows a detected dominant, symmetric cycle with a length of 175 bars in January 2020 for the S&P 500 index. The light blue price data were not known to the cycle detection algorithm and represent the forecast out-of-sample range. The cycle is shown as a pink overlay. This symmetrical cycle forecast predicts that the peak would occur as early as the end of 2019, and a new low for this cycle to occur in May.

As can be seen, the predicted high was too early than the real market top, and the predicted low was too late compared to the market low. This is a common observation when using symmetric cycle models in

today's markets. On the one hand, the analyst can now anticipate, based on knowledge of asymmetric variation, that the predicted high will be too early and the plotted low too late. However, additional knowledge of the analyst is required without being represented in the model. A better approach would be to include this knowledge already in the modeling of the cycle projection.

Therefore, we now add the skew factor to the detected cycle analysis approach.

In the next graph (**Chart 3**), a skew factor to the same 175-day cycle is applied. The date of analysis is still January 16, and the light blue is the prediction out-of-sample period. Here the asymmetric cycle forecast projects the peak

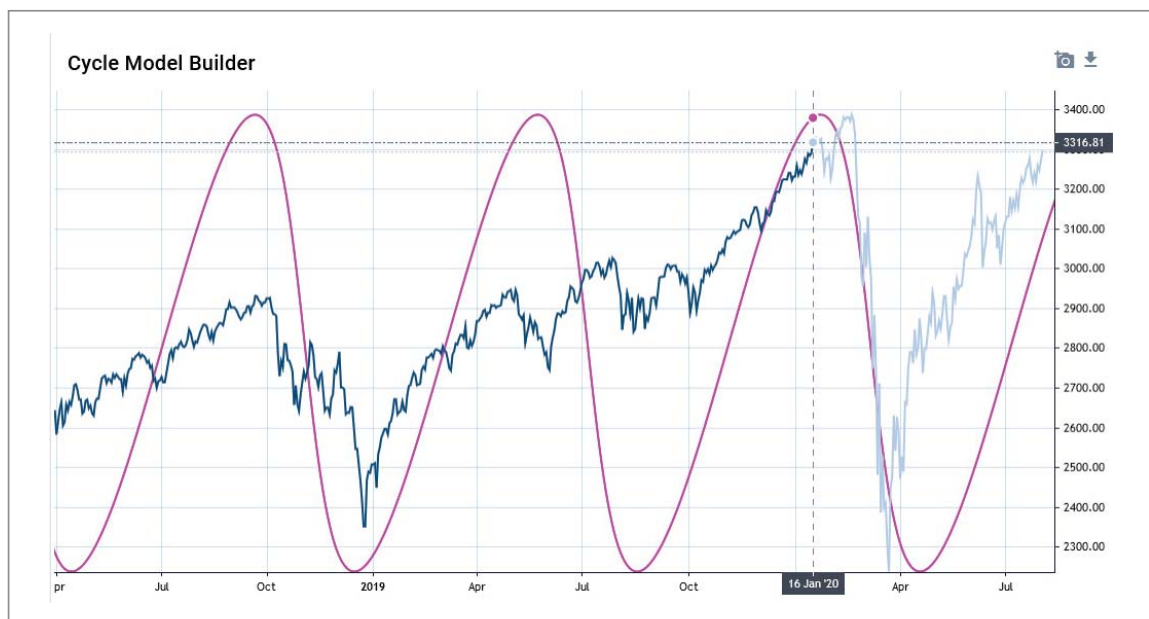


Chart 2: S&P 500 with 175-day symmetric cycle; Skew factor: 0.0; Date of analysis: January 16, 2020

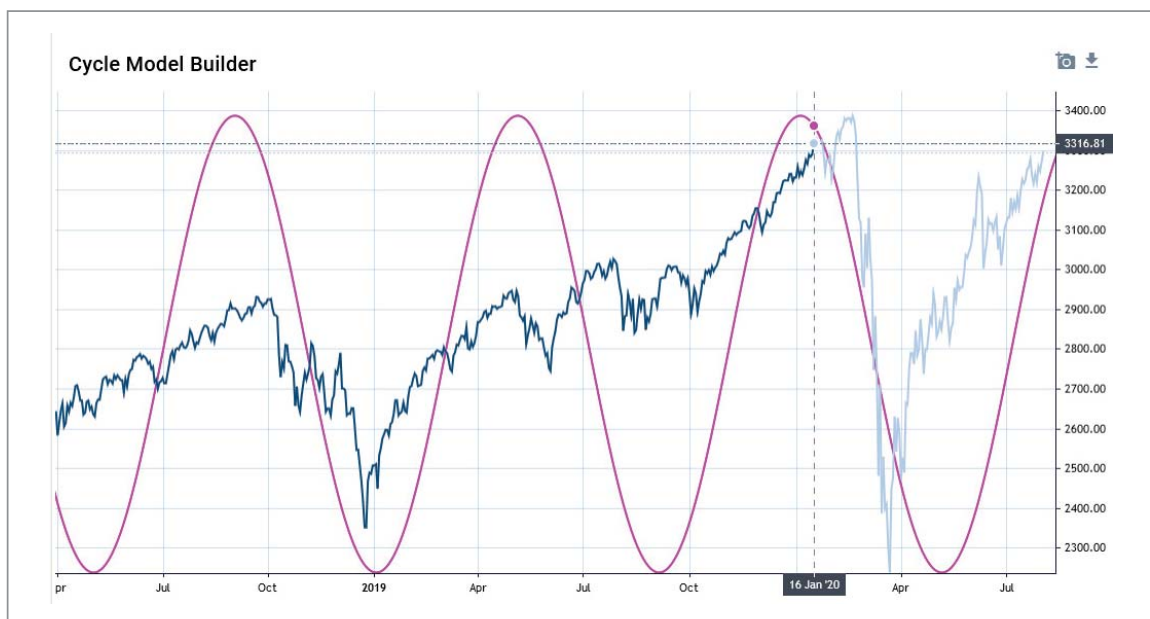


Chart 3: S&P 500 with 175-day asymmetric cycle; Skew factor: 0.4; Date of analysis: January 16, 2020

for late January and the low for March 2020. The real price followed this asymmetric cycle projection more accurately.

This example demonstrates the importance to adapt traditional cycle prediction models with the addition of a skew factor. The introduction of a skew factor is based on the current scientific knowledge of the changed, asymmetric business cycle behavior.

The next paragraph explains how this asymme-

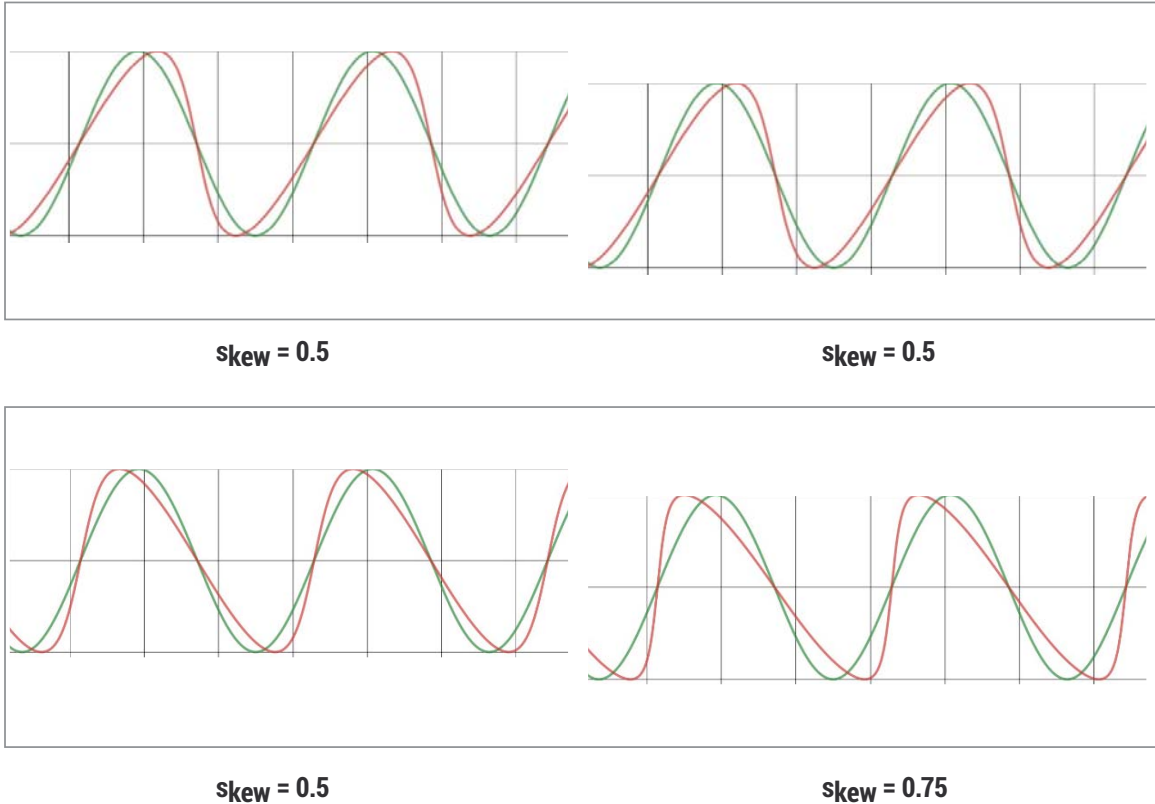
try can be applied to existing, mathematical cycle models by introducing the skew factor formula.

Cycle Skew

The skew factor allows the representation of an asymmetric shape for business cycles in a cyclic model, as shown in the following examples. The green cycle is a standard sine-wave cycle (skew=0.0); the red cycle applies a specific skew factor.



Examples



An interactive playbook has been prepared in which the effect of different skew values can be viewed and tested: [Click here](#) to see the Desmos interactive cycle skew playbook.

Math Equation

To apply the cycle skew, use the skewed sine wave equation instead of a pure sine wave, $\sin(x)$, formula:

$$\text{SineSkewed}(x, s_{\text{skew}}) = \frac{\sin x}{\sqrt{(s_{\text{skew}} + \cos x)^2 + (\sin x)^2}}$$

Where:

skew = skew factor [Range: -1 ... +1]

x = phase (rad)

How to use in a cycle forecast algorithm

A common approach is to build cycle prediction models based on detected or predefined values for cycle length, phase, and amplitude. These models use a standard sine wave function to create a cycle forecast or composite forecast projection. To retain these models and not recreate an existing model, the proposal presented in this paper is to simply replace the existing standard sine wave function with the new skewed sine wave function. Thus, any cycle prediction algorithm can remain as is and use the detected cycles with length, amplitude, and phase as input parameters. At the same time, the projection function is replaced with the new skewed sine function instead of the standard sine function.

The main features of this function in brief:

- It is designed as a drop-in replacement for existing sine or cosine functions used for cycle prediction. It is not necessary to adjust the existing overall model. Simply use this function as a drop-in replacement in an existing algorithm.
- A skew factor of 0.3-0.4 should be used to fit the model according to current scientific evidence on the asymmetry of the business cycle.
- The cycle will not be skewed. The length is preserved. Thus, the top-to-bottom and bottom-to-top cycle counts are preserved and are not distorted. The amplitude will not be distorted either. In this way, it is a safe replacement, with the main cycle parameters of length and amplitude remaining intact. 🌍

Summary

The current scientific literature shows the increasingly asymmetric behavior of economic cycles. Explanations can be found in the changing behavior of the financial systems in the US and G7 countries. Against this background, previous 2-phase symmetric cycle models need to be adjusted. The demonstrated approach of introducing an additional skew factor into existing sinusoidal models can help to better adapt cycle-based forecasts to this situation.



Addendum:

A .NET C# code snippet for a skewed sine wave drop-in replacement

The following code snippet might guide as a starting point and can act as replacement for the standard sine function:

```
double MathSineSkewed(double x, double skew)
{
    double skewedCycle = Math.Sin(x) /
        Math.Sqrt(Math.Pow((skew + Math.Cos(x)), 2) +
        Math.Pow((Math.Sin(x)), 2));
    return skewedCycle;
}
```

References & Further Reading

- Salgado et al. (2020): [Skewed Business Cycles](#)
- Morley, Piger (2012): [The Asymmetric Business Cycle](#)
- Jensen et al., (2020): [Leverage and Deepening Business Cycle Skewness](#)
- Fatas, Mihov (2013): [Recoveries](#)

ABOUT THE AUTHOR



Founder and CEO of a German-based knowledge management company, **Lars von Thienen** invented the standalone, desktop search and knowledge management app. Coding software since childhood, von Thienen has supported leading German DAX companies in developing their digital and business strategies as a large-scale project and IT manager. He develops algorithms and software for cycle recognition at [whentotrade.com](#) and has published two books on cycles analysis. Appointed by the Minister of Justice, von Thienen has been working as a commercial judge for over a decade.